

September 2019 Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NO SCHOOL LABOR DAY	3 Mini Meatball Sub Ranch Potato Wedges Tossed Salad Peaches Canned Fruit Choice Milk Choice	4 Chicken Nuggets Whole Wheat Roll (6-12) Baked Beans Creamy Coleslaw Red Bell Pepper Strips Pears Fresh Fruit Choice Milk Choice	5 Pepperoni Pizza Tossed Salad Fresh Baby Carrots Fruit Cocktail Canned Fruit Choice Milk Choice	6 Biscuit & Gravy Sausage Patty (6-12) Peas Hash Brown Patty Banana Canned Fruit Choice Milk Choice	7
8	9 Pork Rib on a Bun Leaf Lettuce Tomato Slice Sweet Potato Puffs Fresh Apple Canned Fruit Choice Milk Choice	10 Chicken Crispito Tortilla Chips Tomato Salsa Refried Beans Pineapple Chunks Canned Fruit Choice Milk Choice	11 Corn Dog Green Beans Tater Tots Fruit Cocktail Snickerdoodle Cookie Fresh Fruit Choice Milk Choice	12 Chicken Quesadilla Tortilla Chips (9-12) Black Bean & Corn Salsa Broccoli Florets Fresh Baby Carrots Fresh Cantaloupe Canned Fruit Choice Milk Choice	13 Turkey & Cheese Sub Sandwich Seasoned Corn Garden Salad Fresh Orange Fresh Fruit Choice Milk Choice	14
15	16 Hamburger on a Bun Leaf Lettuce Tomato Slice Oven Fries Strawberries & Bananas Fresh Fruit Choice Milk Choice	17 Chili Tortilla Chips (9-12) Red Bell Pepper Strips Sliced Cucumbers Peaches Cinnamon Roll Canned Fruit Choice Milk Choice	18 Chicken Tenders Whole Wheat Roll Mashed Potatoes & Gravy Tossed Salad Sliced Pears Fresh Fruit Choice Milk Choice	19 Baked Ham Angel Biscuit & Jelly Sweet Potato Fries Green Beans Fresh Grapes Honey Apple Crisp (9-12) Canned Fruit Choice Milk Choice	20 Macaroni & Cheese Meatballs Whole Wheat Bread & Jelly (6-12) Baked Beans Fresh Baby Carrots Apple Salad Canned Fruit Choice Milk Choice	21
22	23 Pig in a Blanket Tater Tots Broccoli with cheese Applesauce Canned Fruit Choice Milk Choice	24 Chicken Wrap Spanish Brown Rice Romaine Lettuce Tomato Slice Peas Tropical Fruit Oatmeal Cookie (9-12) Fresh Fruit Choice Milk Choice	25 Spaghetti with Meat Sauce Garlic Bread Garden Salad Green Beans Mandarin Oranges Canned Fruit Choice Milk Choice	26 Taco Salad & Tortilla Chips Red Bell Pepper Strips Lettuce Refried Beans Fresh Watermelon Cinnamon Puff (6-12) Canned Fruit Choice Milk Choice	27 Chicken & Noodles Whole Wheat Roll & Honey (6-12) Mashed Potatoes Fresh Baby Carrots Fresh Grapes Fresh Fruit Choice Milk Choice	28
29	30 Mini Meatball Sub Ranch Potato Wedges Tossed Salad Peaches Canned Fruit Choice Milk Choice				This institution is an equal an opportunity provider. Menu subject to change.	